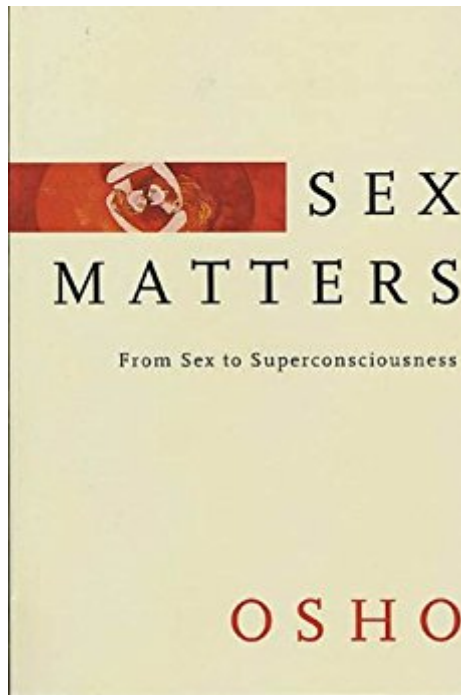




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Sex Matters: From Sex To Superconsciousness



Synopsis

Sex matters to us all. The Osho approach to sex begins with an understanding of how important love is in our lives, while at the same time acknowledges that the journey into love cannot exclude our innate biological energies. With this perspective, it becomes clear that the tendency for religions, and for society in general, to associate sex with sin and morality has been a great misfortune. Sex Matters begins by deconstructing the layers of sexual repression that the condemnation of sex has inflicted on human. Throughout Sex Matters - in response to questions about everything from jealousy to premature ejaculation, the role of intimacy and the differences between men and women - Osho proposes a vision that embraces sex as a fundamental gift from nature. We learn how orgasm offers a glimpse of timelessness, thoughtlessness, and pure awareness -- biology's way of pointing toward the consciousness that helps us to understand ourselves. Finally, we are presented with a clear choice: a repressed sexuality that leads to pornography, perversion, and a stunted humanity or a playful, respectful, and relaxed innocence that supports us in becoming fulfilled and whole, as nature intended.

Book Information

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Customer Reviews

Osho has always put things in beautiful perspective for me. This book is nothing short of this, it goes into our cultural paradigm that gives sex a negative association and how that affects our behaviors. The book came in brand new condition. Its not heavy so it is convenient to bring with for a thoughtful read to question our mundane life views. My friend had the newer version of this book, which was shorter and larger print and quicker of a read. I enjoyed this version more because it has enough content to get see how Osho expands in different topics which was very insightful.

I'm only 3/4 of the way through the book, so take this with a grain of salt, but I really, really, LOVE this book. I mean, it's everything I've been looking for-and more. Osho explains things so simply. It's kind of like a how-to for sexual superconsciousness. Unlike one reviewer mentioned, he doesn't actually talk about sex not mattering. It's more of him saying that once you get to a certain point, you can achieve the same feeling as orgasm, without actually having sex. I'm almost done with it, but figured I had read enough to know that I love this book, and can't wait to purchase more of his works.

Pretty good read. You have to be able to think outside of the box to follow along though.

This is a truly enlightening work of deepest wisdom. A lucid presentation of reality of human nature and the link between the physical (sexual) and the spiritual . the metaphor of the river of love connecting the two banks of physical lust and divine love is telling. This should be mandatory reading for all ages- Young adults onwards.

Take your sex-life to the next level. A spiritual connection in sex makes an exponential difference. It is well-written, does not come off as preachy, or too "woo-woo." Truly mind-blowing... in more ways than one!

Very interesting book. I do believe that sex is indeed one of the greatest experiences.

So beautiful

Osho is one of the movers of transformation through the soul. He honored sexuality as a means to this end. Outstanding wisdom.

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